



## CALANOA

Day	General itinerary
	Pre-departure Classes
1	<b>Sat BOGOTÁ:</b> Arrival in Bogota - check-in General Orientation at Hotel Small tour Quinta Camacho neighbourhood, supermarket, bank machine, restaurants, etc... Welcome Dinner (not included in program fee)
2	<b>Sun BOGOTÁ:</b> Cultural immersion; Cultural city tour, visiting museums and old city center Sunday <a href="#">Ciclovía</a> ; Usaquen - Town and craft market
3	<b>Mon BOGOTÁ:</b> The meetings will be organized according to the composition of the group. City tour in the morning, lectures and meetings in order to acquire a better understanding of the country. Visits to universities and institutions, meetings with professors, researchers and students.
4	<b>Tue BOGOTÁ:</b> Cultural immersion; meetings will be organized according to the composition of the group.
5	<b>Wed Travel day Bogotá-Leticia</b> Arrival at Leticia in the early afternoon, check-in and lunch at the hotel. Walk to the local market in Leticia, enjoying the delicious and unique amazon fruits, and at dusk, walk to Santander Park, where thousands of parrots gather for the night in a great concert. Group dinner.
6	<b>Thurs Leticia-Calanoa</b> Visit to Gustavo Makuna Long House (Maloka). Understanding of the meaning of a long house and the meaning of holy plants and their rituals. Lunch in Leticia. Afternoon boat trip to <a href="#">Calanoa</a> . Welcome refreshments and guided visit to the Reserve's fruit garden and buildings, with an explanation of the Calanoa project concepts of sustainable design.
7	<b>Fri Calanoa – getting to know the place.</b> Welcome and guided visit to the Reserve's fruit garden and buildings, with an explanation of the Calanoa project concepts of sustainable design. Introduction workshop & Photography workshop by Diego Samper Afternoon: Exploration of the Reserve, crossing to the Matamatá creek, at the edge of the Amacayacu Natural Park, with indigenous guides and explanation of the use of plants for medicinal use, crafts and building materials. Return at dusk to Calanoa by boat, drifting down the creek and listening to the sounds of the forest.

<b>8</b>	<p><b>Sat Calanoa - workshops</b></p> <p>Workshop. Exploration of materials and design, and meetings with local crafts and arts masters. Workshops and meetings will be defined according to the group composition and interests.</p> <p>Lunch at Calanoa.</p> <p>Afternoon: visit to Mocagua island, a small island with unique species of plants and birds.</p>
<b>9</b>	<p><b>Sun Calanoa - workshops</b></p> <p>Workshop day in Calanoa. Meeting with a shaman, to have a glimpse of his vision of the world. In the afternoon we will go in search of river dolphins, by the Peruvian shore.</p>
<b>10</b>	<p><b>Mon Calanoa – Amacayacu Natural Park</b></p> <p>Hike crossing the forest at the Natural Park, from the Matamatá creek, besides Calanoa, to the Amacayacu River, and arriving to San Martin de Amacayacu.</p> <p>After lunch, visit to the crop fields, to get an understanding of the Amazonian horticultural practices.</p> <p>Return by boat to Calanoa.</p>
<b>11</b>	<p><b>Tue Calanoa - workshops</b></p> <p>Workshop day in Calanoa</p> <p>Meeting with Families in Action, a mother's collective, and the elders at the community.</p>
<b>12</b>	<p><b>Wed Calanoa - workshops</b></p> <p>Workshop morning in Calanoa. Lunch and afternoon in Puerto Nariño, 20 km up river, an example of sustainable Amazon village. Meeting with the authorities of the town.</p> <p>Return at dusk to Calanoa.</p>
<b>13</b>	<p><b>Thurs Calanoa - workshops</b></p> <p>Workshop day in Calanoa</p> <p>Balance of the workshops and experiences acquired during the trip.</p> <p>Questions and feedback.</p> <p>Evening farewell party.</p>
<b>14</b>	<p><b>Fri Travel day</b></p> <p>Early breakfast in Calanoa. Boat trip down the Amazon to Leticia.</p> <p>Afternoon: flight to Bogotá.</p>
<b>15</b>	<p><b>Sat Flight home</b></p>
<p>Post travel classes</p> <p>In-class instruction, debriefing, and student led discussions and presentations.</p>	

*all photos* © Diego Samper 2012